



Supporting Your Lifetime Adoption Journey

## 2017 TRAINING, SUPPORT GROUP & EVENT CALENDAR

### U.S. INFANT & WAITING CHILD ADOPTION ORIENTATION

Information will be shared about the advantages, risks and opportunities of all types of adoption. Specific information will be shared about our Parental Placement (US open infant adoption) program and our Waiting Child program (older children from foster care or foreign countries). Orientation meetings are **free** and open to the public and required of families at the beginning of the home study process. **Please call C2Adopt @ (804) 354-1881 to register at least 24 hours prior to the scheduled date.** Orientation meetings are held from 6:30 – 8:30 PM at the office of C2Adopt.

#### Dates:

Thursday, January 12<sup>th</sup>, 2017

Thursday, March 9<sup>th</sup>, 2017

Thursday, May 11<sup>th</sup>, 2017

Thursday, July 13<sup>th</sup>, 2017

Thursday, September 7<sup>th</sup>, 2017

Thursday, November 9<sup>th</sup>, 2017

### CONSULTATION SERVICES

**Placement Program Consultation** ~ for persons interested in exploring all of their options in adoption in a one-on-one consultation with our Executive Director or Placement Director. **There is a \$75/hour fee for this service.** This service can take the place of our free orientation meeting and there is no obligation. Consultation appointments can be scheduled by contacting either Rebecca Ricardo or Sharon Richardson at 804-354-1881.

**Waiting Child Consultation** ~ for persons specifically interested in learning about children ages 9 and older who are waiting for an adoptive family and children for whom we are recruiting adoptive families. Please contact Ebony Mack or Sharon Richardson at 804-354-1881 to schedule an appointment.

### CORE COMPETENCIES TRAINING

Please read below for a description of educational trainings offered to the public and our clients. Families in the home study assessment process are required to attend training before completing their home study assessment process. There is additional reading required specific to the type of adoption you are pursuing. ***If you are having a conflict with the timing or availability of the training you need, please talk with your adoption worker about additional options locally or online.***

If you are a **Placement Program** client of C2Adopt, the cost of your training is included in your service fees. **Adoptive Family Support Program** clients may attend any workshop for free.

***For the general public, please note the per person fee indicated by each training. Payment may be paid at the workshop via check or cash.***

- **Workshops listed are subject to change and/or cancellation.**
- **Attendees must call (804) 354-1881 and register at least 24 hours prior to the scheduled date.**
- **We need a minimum of 5 participants in order to proceed with any of these trainings.**
- **Our training room can accommodate 20 participants. Once we are over that number, a new location will be secured and participants will be notified of the change.**
- **Please call and verify that the workshop you wish to attend is being held as planned and that you are registered.**

## FOR ALL CLIENTS:

**Talking With Your Child About Adoption:** Required of all C2Adopt clients during the home study process. Information about how to address discussions with your child and others about adoption. **Thursdays from 6:30 PM – 8:30 PM.**

*For non-C2 client participants - \$35/person*

**Dates:** Thursday, February 9<sup>th</sup>, 2017  
Thursday, April 13<sup>th</sup>, 2017; **April 20<sup>th</sup>, 2017**  
Thursday, June 1<sup>st</sup>, 2017

Thursday, August 10<sup>th</sup>, 2017  
Thursday, October 12<sup>th</sup>, 2017  
Thursday, December 14<sup>th</sup>, 2017

## FOR CLIENTS IN THE INFANT/PARENTAL PLACEMENT PROGRAM:

**Core Issues, Attachment & Openness in Adoption:** Required for Infant/Parental Placement clients. Information will be shared about the Core Issues of Adoption, forming healthy attachments and the unique aspects of initiating, forming and sustaining an open adoption relationship with your child's birth family. When available, guest speakers will include adoptive and birth parents who are currently living in an open adoption relationship. **Saturdays from 10:00 a.m. – 3:00 p.m.**

*For non-C2 client participants - \$50/person*

**Dates:** Saturday, January 14<sup>th</sup>, 2017 **10:00 AM – 3:00 PM**  
Saturday, April 15<sup>th</sup>, 2017 **10:00 AM – 3:00 PM**  
Saturday, July 15<sup>th</sup>, 2017 **10:00 AM – 3:00 PM**  
Saturday, October 21<sup>st</sup>, 2017 **10:00 AM – 3:00 PM**

**All families adopting through our Infant Program should also read the three following books:**

**The Open-Hearted Way to Open Adoption: Helping Your Child Grow Up Whole** by Lori Holden  
**Making Room in Our Hearts: Keeping Family Ties through Open Adoption** by Micky Duxbury  
**The Spirit of Open Adoption** by James L. Gritter

## FOR OUR CLIENTS ADOPTING THROUGH OUR WAITING CHILD PROGRAM:

**All three sessions are required:**

1. Core Issues, Attachment & Openness in Older Child Adoptions
2. Trauma and Parenting the Older Child
3. Trauma Informed Parenting Techniques

Required of all families adopting through our Waiting Child program during the home study process. This training is offered to families who are adopting children with histories of trauma, abuse (physical, sexual, emotional) and neglect. This series of trainings will educate and prepare parents for the Core Issues of Adoption, forming healthy attachments, the effects of trauma on the child, the meaning behind the behaviors and alternate parenting techniques to meeting children's needs.

**Saturdays from 10:00 – 3:00 (lunch on your own/bring your own).**

*For non-C2 client participants - \$50/person per session = \$150/person for all 3*

**Dates:** Saturdays, February 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup> **10:00 AM – 3:00 PM**  
Saturdays, May 13<sup>th</sup>, 20<sup>th</sup> & 27<sup>th</sup> **10:00 AM – 3:00 PM**  
Saturdays, August 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> **10:00 AM – 3:00 PM**  
Saturdays, November 4<sup>th</sup>, 11<sup>th</sup> & 18<sup>th</sup> **10:00 AM – 3:00 PM**

**All families adopting through the Waiting Child program should also read the following three books:**

**Beyond Consequences, Logic and Control** by Forbes  
**Three Little Words** by Rhodes-Courter  
**Wounded Children, Healing Homes** by Schooler, Keefer-Smalley & Callahan

For all clients who want to explore adoption from another country and/or a child of a different race, we recommend the online course: **“Conspicuous Families”** on Adoption Learning Partners [www.adoptionlearningpartners.org](http://www.adoptionlearningpartners.org). Families are responsible for the fee and receiving a certificate. We also recommend: **Come Rain or Come Shine** by Rachel Garlinghouse.

If you are adopting **internationally** from a Hague Convention country, you will need to comply with Hague Accreditation requirements. Please check with your PLACING agency for suggested trainings and/or check these online courses

Adoption Learning Partners [adoptionlearningpartners.org](http://adoptionlearningpartners.org) or Heart of the Matter [heartofthemattereducation.com](http://heartofthemattereducation.com)

## FOR OUR FAMILIES DURING SUPERVISION OF THEIR PLACEMENT:

**Becoming an Adoption & Trauma Competent Healing Parent:** Based upon the model developed by Jayne Schooler, **this two day training** introduces and examines the essential skills of trauma and adoption informed parenting. Practical strategies and tools will be shared and parents will gain practical knowledge and experience that will help them deal with the emotional and behavioral needs of traumatized children who join their family through adoption. Appropriate for any parent/caregiver; families in supervision are encouraged to attend and any former or current AFP/AFS clients are welcome. *For non-C2 client participants - \$150/person or \$200/couple*

**Dates:** To be determined

## SUPPORT GROUPS

### Birth Parent & Adult Adoptee Support Group

6:30 PM 3<sup>rd</sup> Tuesday of each month

This support group is free and available to any adult adoptee or any parent who has placed a child for adoption regardless of when, how or with another agency. This group is also open and available to anyone contemplating adoption for their child as an opportunity to speak with others who have lived the experience. Extended family members are also welcome to attend. The group is led by a social worker, who is also a birth mother and an adoptee.

Tuesday, January 17<sup>th</sup>, 2017  
Tuesday, February 21<sup>st</sup>, 2017  
Tuesday, March 21<sup>st</sup>, 2017  
Tuesday, April 18<sup>th</sup>, 2017  
Tuesday, May 16<sup>th</sup>, 2017  
Tuesday, June 20<sup>th</sup>, 2017

Tuesday, July 18<sup>th</sup>, 2017  
Tuesday, August 15<sup>th</sup>, 2017  
Tuesday, September 19<sup>th</sup>, 2017  
Tuesday, October 17<sup>th</sup>, 2017  
Tuesday, November 21<sup>st</sup>, 2017  
Tuesday, December 19<sup>th</sup>, 2017

### Adoptive Parent Luncheon (Support Group)

12:30 – 2:00PM

This support group is free and will meet every other month at lunchtime. You will be able to share your joys and challenges with other adoptive families. Lunch provided upon RSVP with Rhonda Toussaint at [rtoussaint@c2adopt.org](mailto:rtoussaint@c2adopt.org)

Tuesday, January 10<sup>th</sup>, 2017  
Tuesday, March 7<sup>th</sup>, 2017  
Tuesday, May 9<sup>th</sup>, 2017

Tuesday, July 18<sup>th</sup>, 2017  
Tuesday, September 12<sup>th</sup>, 2017  
Tuesday, November 7<sup>th</sup>, 2017

### Adoptive Parent Self Care (Support Group Seminars)

6:15 – 7:45 pm

This spring support group is free and focused on self care for adoptive parents. Various strategies to promote wellness and relaxation will be explored. Snacks will be provided. Please RSVP to Mary Amrhein at [mamrhein1@c2adopt.org](mailto:mamrhein1@c2adopt.org) or by calling (804) 354-1881. Space is limited, maximum 12 people per session.

Thursday, March 9<sup>th</sup>, 2017  
Thursday, April 6<sup>th</sup>, 2017  
Thursday, May 4<sup>th</sup>, 2017

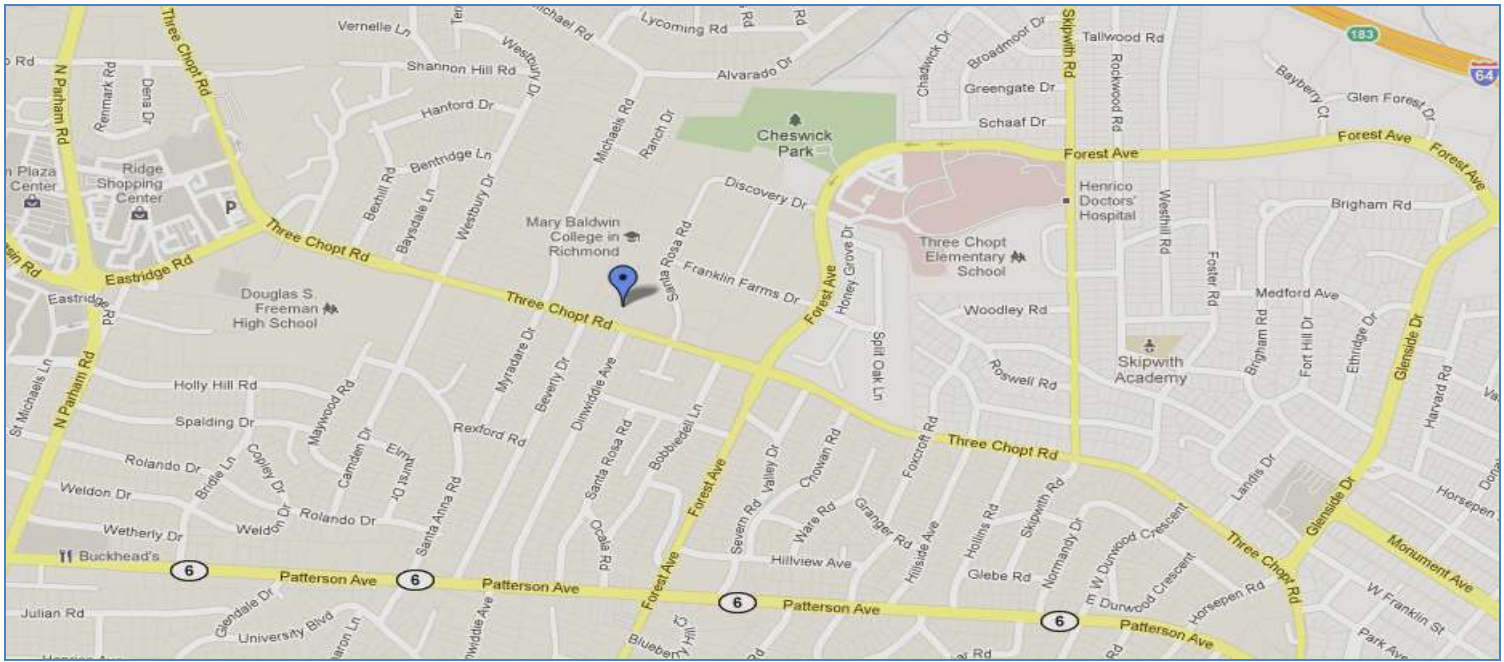
### The Modern Family: An education/support group for LGBTQ adoptive parents (fee based group)

Join Lynne Edwards for our six week educational support group for LGBTQ adoptive families. Parents will explore the strengths of their families, the impact of secrecy on family relationships and intimacy, talking about adoption and sexual orientation, managing being perceived as different and other issues unique to LGBTQ adoption. Lynne is an adoptee and family therapist specializing in attachment work with all types of adoptive families. She has been with **C2Adopt** for the past 25 years. **The cost is \$95 for the six week group per person or \$145 per couple. All sessions will be held in Richmond. The specific location of this workshop is to be announced. Call Lynne Edwards at 804-221-4658 for more information. Register by calling 804-354-1881. Dates: To be determined once participants are identified.**

### Other Groups in the Central Virginia Area:

FACES of Virginia Families (Foster, Adoption, Kinship Association) [www.facesofvirginia.org](http://www.facesofvirginia.org) OR 877-823-2237  
RESOLVE Infertility Support Group on the Northside (Mechanicsville) Contact Michelle Whiteside at (804) 852-7902 or email at [richmondresolvenorth@gmail.com](mailto:richmondresolvenorth@gmail.com)  
RESOLVE Infertility Support Group on the Southside (Bon Air) Contact Michelle Whiteside at (804) 852-7902 or email at [richmondresolvesouth@gmail.com](mailto:richmondresolvesouth@gmail.com)  
RESOLVE Adoption Support Group (Henrico) Contact Craig Stallard at (804) 338-6791 or email at [cwstallard@verizon.net](mailto:cwstallard@verizon.net)  
Families of the China Moon – Betsy Kohnke [dbkohnke@gmail.com](mailto:dbkohnke@gmail.com) (preferred)  
FRUA (Families for Russian & Ukrainian Adoption) - Contact Leslie Madden 804-897-8575 or [FRUACV@msn.com](mailto:FRUACV@msn.com)  
Adoptive Families of Central VA (Charlottesville area) – Contact Margaret Weeks [mew7ys@virginia.edu](mailto:mew7ys@virginia.edu)  
Central Virginia Families with Ethiopian Kids Rachel Beanland (803)261-1316 [rachel.beanland@gmail.com](mailto:rachel.beanland@gmail.com) or <http://groups.yahoo.com/group/ethiopia-richmond/>

**C2Adopt**  
**8100 Three Chopt Road, Suite 101**  
**Richmond, VA 23229**  
**(804) 354-1881**



**FROM NORTH OF RICHMOND:** Take I-95 South towards Richmond. Merge onto East Parham Road/VA-73 via Exit 83B. Turn left on Three Chopt Road. Continue to the intersection of Three Chopt and Santa Rosa. Turn left on Santa Rosa and immediately left again into the parking lot.

**FROM WEST OF THE CITY:** Take I-64 East towards Richmond. Take the Parham Road exit, Exit 181. Turn right onto North Parham Road/VA-73 S. Turn left onto Three Chopt Road. Turn left on Santa Rosa and immediately left again into the parking lot.

**FROM EAST OF THE CITY:** Take I-64 West toward Richmond. I-64 becomes I-95 North. When I-95 and I-64 split, merge onto I-64 West via Exit 79. Take the Glenside Drive South exit, Exit 183A. Turn right to take Glenside/Horsepen/356 to Three Chopt. Turn right on Three Chopt. Turn right on Santa Rosa and then immediately left into parking lot.

**FROM SOUTH OF THE CITY:** Take I-95 North towards Richmond. Merge onto I-64 W via Exit 79. Take the Glenside Drive South exit, Exit 183A. Turn right to take Glenside/Horsepen/356 to Three Chopt. Turn right onto Three Chopt Road. Turn right onto Santa Rosa and then turn left immediately into parking lot. .